



If you want to attend the Summer Fun Camp sign up soon!

June 2010

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1			1	2	3	4	5
					BB Candidates: TWO Mandatory independent workouts before the end of the month		
Week 2	6	7 Forms	8	9	10 Techniques	11	12
	Tables – Sara and Sara	Tornado & Hurricane 6-7 Elite 7-8:30			Tornado & Hurricane 6-7 Elite 7-8:30	Last day of school in Duval	
Week 3	13	14 Techniques	15	16	17 Forms	18	19
	Tables – Reggie and Blake	Tornado & Hurricane 6-7 Elite 7-8:30			Tornado & Hurricane 6-7 Elite 7-8:30		BB Prep 9:00 -10:30 Master Correia Teaching Weapons Class 10:35-12:15
Week 4	20 Father's Day	21 Cardio	22	23	24 Sparring	25	26
	BB Meeting and Summer camp setup 4:00	Tornado & Hurricane 6-7 Elite 7-8:30			BMA T-Shirt Day Tornado & Hurricane 6-7 Elite 7-8:30		BB Candidates 9:00 -11 Mr. Garson Teaching
Week 5	27	28 Forms	29	30			
	BB Candidates Tables and Class 12:45 -2:30	Tornado & Hurricane 6-7 Elite 7-8:30		Black Belt Class 6-7:30			